



Name: _____ Birthdate: _____

Address: _____

Phone: _____ Email: _____

Would you like to be added to a monthly newsletter? _____

Reason For Visit/ Focus: (relaxation, injury, pain) _____

Recent/Old Injuries, Surgeries, Accidents or Medical Treatment? _____

Who may I thank for a referral? _____

Please Circle any of the items below that relate to you:

- | | | | |
|--------------------------|-------------------|---------------------|---------------------|
| Sensitive/Skin Allergies | Neck/Spine Injury | High Blood Pressure | Liver Stress |
| Heart Condition | Cancer | Grief/Depression | Fatigue/Low Energy |
| Stress | Arthritis | Headache/Migraines | Bruise Easily |
| History of Blood Clots | Sciatica/Leg pain | Diabetes | Pregnancy |
| Bulging/Ruptured Disk | Jaw Pain/TMJ | High blood Pressure | Contagious Diseases |

Medications: _____

Any Additional Information you would like to add:

I have informed Lisa Young of all my known physical, medical conditions and medications. And I will keep her up to date on any changes in my health. I understand that there shall be no liability on Lisa due to not relaying any pertinent information. If I experience any discomfort during the session I will immediately communicate with Lisa so the treatment can be adjusted. I understand that massage is intended to enhance relaxation, reduce pain caused by muscle tension, increase range of motion and offer a positive experience of overall well being and health. I understand that massage therapists do not diagnose disease, prescribe medications or manipulate bones nor is massage therapy a substitute for medical attention or examination.

Signature: _____ Date: _____